International Irlen Syndrome Awareness Week Is Almost Here!

While Abilities OT strives to educate our community about Irlen Syndrome every day, this year we are celebrating International Irlen Syndrome Awareness Week on October 16-20, 2017 to bring even more attention to this disorder. We have many exciting activities planned and hope that you will join us!

AWARENESS WEEK ACTIVITIES

Join us in October for the following Irlen Awareness Week activities in your local area and online:

- **Local Activities:** Irlen practitioners, clients, families, and supporters are hosting Irlen Awareness activities all over the world during awareness week. These range from picnics and pizza parties, to informational seminars and free mini-screenings. Some are intended to bring Irlen-ites together, others to educate the general public, and some help raise money to fund Irlen services for those in need. As activities are listed, we’ll include them on this page, as well as share them in the Irlen Awareness Week Facebook Group. To inquire about activities in your area, contact your local Irlen Diagnostician.

- **“Turn Out the Lights”:** Show your support for individuals with Irlen Syndrome by turning out your fluorescent lights at school, at work, and at home for one minute on Tuesday, October 17th at 10am (local time) and then log on to the Irlen Website to let everyone know you participated by placing your mark on the BLACK OUT map! This is a simple and easy way to get school or classroom support during Awareness Week, so don’t be afraid to ask your child’s teacher to participate.

- **Light Up Social Media:** Share Irlen posts on your Facebook Page (or create your own personal post), Tweet about Irlen using the hashtag #ISAW2017, Post pictures of yourself wearing your Irlen Spectral Filters on Instagram, Snapchat, or your other favorite social media.

- **Support Irlen Charities:** There are non-profit organizations around the world that support and fund Irlen services, research, and awareness efforts. We ask you to consider giving back during this Awareness Week, and help make Irlen services available to those who can’t afford them. Please [click here](#) for a complete list of nonprofit organizations around the world that support Irlen.

Join Us in October!

To find out more about our International Irlen Syndrome Awareness Week (October 16-20, 2017) activities, call us today at (410) 358-7269. To get started at home, complete a [pre-assessment](#) for Sensory Processing Disorder and learn more about the Irlen screening process, Irlen diagnostic testing, Irlen re-tint testing and [who we help](#).

What is Irlen Syndrome?

Irlen Syndrome is a widely unknown disorder that affects about 15% of the general population and a whopping 50% of people with learning and reading problems. Patients with Irlen Syndrome struggle to properly process visual input due to an issue with their brain. Children with Irlen Syndrome often experience light sensitivity, reading issues, concentration difficulties, eye strain and fatigue, frequent migraines or headaches and a lack of depth perception.

Irlen Screenings

The Irlen Method has two components, an initial screening by Irlen screeners and diagnosticians and an Irlen spectral filters testing appointment by Irlen diagnosticians. As part of our International Irlen Syndrome Awareness Week activities, we will be offering free initial screenings. The initial screening can help pinpoint whether or not Irlen spectral filters could help your brain function better. If the initial screening indicates that you could benefit from Irlen filters, our staff can set up an appointment for your spectral filter testing appointment.
Professional Trainings for Brain Health

If you are a professional interested in learning more about Irlen Syndrome, the Irlen Method and brain health, Abilities OT will be offering professional trainings during Irlen Syndrome Awareness Week. Irlen spectral filters may be able to dramatically improve the quality of life for your patients and affect their brain health. Contact us to find out more about our training dates and times.

Get the Help That Your Family Needs

Abilities OT Accessibility consultants & Irlen diagnosticians are trained to provide specialized assessments and targeted interventions with immediate benefits. Call to schedule a free 15 minute phone consultation and screening to determine if our specialized services can help. Our CEU Trainings are internationally recognized as valuable to determine who can be helped. We work with medical and design/build professionals. Become an Irlen Screener or Independent Living Specialist by registering for our free onsite or internet trainings and mentoring programs.

Who is Shoshana?

Shoshana is owner and clinical director of Abilities OT & Irlen Diagnostic Center since 1990. Abilities began as a specialized contracting company renovating and designing accessible homes, public buildings and worksites, schools, playgrounds and community spaces for safety, accessibility and independence.

As well as being an occupational therapist and educator, she is also an Irlen diagnostician, addressing the needs of children and adults affected by environmental and sensory stressors causing barriers to learning, working, productively, attention and behavior.

Disclaimer: Symptoms should also be checked by an appropriate physician to insure all medical issues are properly diagnosed with appropriate treatments. Irlen Method could be a major piece of the remediation process and assist with comfort and healing in conjunction with medical intervention strategies.

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