REALM-SF Form

Patient name ___________________ Date of birth__________________ Reading level ________

Date ________________ Examiner ______________________  Grade completed ___________

Menopause
Antibiotics
Exercise
Jaundice
Rectal
Anemia
Behavior

Instructions for Administering the REALM-SF

1. Give the patient a laminated copy of the REALM-SF form and score answers on an
   unlaminated copy that is attached to a clipboard. Hold the clipboard at an angle so that the
   patient is not distracted by your scoring. Say:

   “I want to hear you read as many words as you can from this list. Begin with the first
   work and read aloud. When you come to a word you cannot read, do the best you
   can or say, ‘blank’ and go on to the next word.”

2. If the patient takes more than 5 seconds on a word, say ‘blank’ and point to the next word, if
   necessary, to move the patient along. If the patient begins to miss every word, have him or
   her pronounce only known words.

Scores and Grade Equivalents for the REALM-SF

<table>
<thead>
<tr>
<th>Score</th>
<th>Grade Range</th>
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<tbody>
<tr>
<td>0</td>
<td>Third grade and below; will not be able to read most low-literacy materials; will need repeated oral instructions, materials composed primarily of illustrations, or audio or video tapes</td>
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<tr>
<td>1-3</td>
<td>Fourth to sixth grade; will need low-literacy materials, may not be able to read prescription labels</td>
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<tr>
<td>4-6</td>
<td>Seventh to eighth grade; will struggle with most patient education materials; will not be offended by low-literacy materials</td>
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<tr>
<td>7</td>
<td>High school; will be able to read most patient education materials</td>
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