

## 1. AOTA's position paper on medication management

(<https://ajot.aota.org/article.aspx?articleid=2652591>)

a. Medication management is an instrumental activity of daily living (or IADL) of taking medications as prescribed. Medication management is a complex activity with many components, including negotiating with the provider for a prescription, filling the prescription at the pharmacy, interpreting complicated health information, taking the medication as prescribed, and maintaining an adequate supply of medication for ongoing use (AOTA, 2017, p. 1).

## 2. World Health Organization

(World Health Organization. (2003). *Adherence to long-term therapies:*

*Evidence for action*. Geneva: Author. Retrieved from

[http://www.who.int/chp/knowledge/publications/adherence\\_full\\_report.pdf](http://www.who.int/chp/knowledge/publications/adherence_full_report.pdf)

pdf )

a. Medication adherence is the extent to which taking the medications corresponds with agreed recommendations. Thus, 100% adherence would mean that all pills are being taken as prescribed.

3. Crowe, J., & Holland, B. (2017). Medication management and cognition. *OccupationalTherapy.com*, Article 3780. Retrieved from <http://OccupationalTherapy.com>
4. Sumida, C. A., Vo, T. T., Etten, E. J. V., & Schmitter-Edgecombe, M. (2018). Medication management performance and associated cognitive correlates in healthy older adults and older adults with aMCI. *Archives of Clinical Neuropsychology*, 34(3), 290–300. doi: 10.1093/arclin/acy038

CONTINUED

ONLINE CONTINUING EDUCATION FOR THE LIFE OF YOUR CAREER

5. Schwartz, J. K., & Smith, R. O. (2016). Intervention promoting medication adherence: A randomized, Phase I, small-*N*s study. *American Journal of Occupational Therapy*, 70, 7006240010. <https://doi.org/10.5014/ajot.2016.021006>
6. Murali, K. M., Mullan, J., Chen, J. H., Roodenrys, S., & Lonergan, M. (2017). Medication adherence in randomized controlled trials evaluating cardiovascular or mortality outcomes in dialysis patients: A systematic review. *BMC nephrology*, 18(1), 42. doi:10.1186/s12882-017-0449-1
7. U.S. Surgeon General, C. Everett Koop, "Drugs don't work in patient who don't take them."
8. Gadkari, A. S., & Mchorney, C. A. (2012). Unintentional non-adherence to chronic prescription medications: How unintentional is it really? *BMC Health Services Research*, 12(1). doi: 10.1186/1472-6963-12-98
9. Ritchey, M., Chang, A., Powers, C., Loustalot, F., Schieb, L., Ketcham, M.,... Hong, Y. (2016). Vital signs: Disparities in antihypertensive medication nonadherence among Medicare Part D beneficiaries—United States, 2014. *Morbidity and Mortality Weekly Report*, 65(36), 967-976.
10. Conn, V. S., Enriquez, M., Ruppar, T. M., & Chan, K. C. (2016). Meta-analyses of theory use in medication adherence intervention research. *American Journal of Health Behavior*, 40, 1 55-171. <http://dx.doi.org/10.5993/AJHB.40.2.1>
11. Cole, J. (2011). Extending the role of the occupational therapist in the promotion of collaborative medication management to facilitate occupation. *British Journal of Occupational Therapy*, 74, 540-542.
12. Guariglia, S., & Smallfield, S. (2015). The role of occupational therapy in medication management in acute care. *Gerontology Special Interest Section Quarterly*, 38(1), 1-3.



ONLINE CONTINUING **ED**UCATION FOR THE LIFE OF YOUR CAREER

13. Marcum, Z. A., Hanlon, J. T., & Murray, M. D. (2017). Improving medication adherence and health outcomes in older adults: An evidence-based review of randomized controlled trials. *Drugs & Aging, 34*, 1 91-201. <http://dx.doi.org/10.1007/s40266-016-0433-7>
14. CDC: Medication Safety Program  
([https://www.cdc.gov/medicationsafety/adult\\_adversedrugevents.html](https://www.cdc.gov/medicationsafety/adult_adversedrugevents.html))
15. Maher, R. L., Hanlon, J., & Hajjar, E. R. (2013). Clinical consequences of polypharmacy in elderly. *Expert Opinion on Drug Safety, 13*(1), 57–65. doi:10.1517/14740338.2013.827660
16. Vervloet, M., Linn, A. J., Weert, J. C. M. V., Bakker, D. H. D., Bouvy, M. L., & Dijk, L. V. (2012). The effectiveness of interventions using electronic reminders to improve adherence to chronic medication: a systematic review of the literature. *Journal of the American Medical Informatics Association, 19*(5), 696–704. doi: 10.1136/amiajnl-2011-000748
17. AOTA's Societal Statement (2017) on health literacy:  
a. Occupational therapy practitioners can assist in ensuring that all health-related information and education provided to recipients of occupational therapy or other health-related services match each person's literacy abilities; cultural sensitivities; and verbal, cognitive, and social skills.
18. Levasseur, M., & Carrier, A. (2011). Integrating health literacy into occupational therapy: Findings from a scoping review. *Scandinavian Journal of Occupational Therapy, 19*( 4), 305–314. doi: 10.3109/11038128.2011.588724
19. U.S. Department of Health and Human Services: Quick Guide to Health Literacy  
(<https://health.gov/communication/literacy/quickguide/>)



ONLINE CONTINUING **ED**UCATION FOR THE LIFE OF YOUR CAREER

20. Kohlman's Evaluation of Living Skills (KELS):  
(<https://www.sralab.org/rehabilitation-measures/kohlman-evaluation-living-skills>)

21. Short Blessed Test (SBT): (<https://health.utah.edu/occupational-recreational-therapies/docs/evaluations-reviews/sbt+.pdf>)

22. Mini Mental State Exam (MMSE):  
(<https://www.psychcongress.com/mini-mental-state-examination-mmse>)

23. SLUMS:  
(<http://aging.slu.edu/pdfsurveys/mentalstatus.pdf>)

24. Appendix C of the AOTA's position paper on medication management

25. OT's Role in Home Health fact sheet:

(<https://www.aota.org/About-Occupational-Therapy/Professionals/PA/Facts/Home-Health.aspx#targetText=Occupational%20therapy%20practitioners%20are%20effective,and%20optimizing%20outcomes%20for%20patients>)

26. Bondoc, S., & Siebert, C. (2010). *The role of occupational therapy in chronic disease management*. Retrieved from  
[http://www.aota.org/-/media/Corporate/Files/AboutOT/Professionals/WhatIsOT/RDP/Facts/FactSheet\\_ChronicDiseaseManagement.pdf](http://www.aota.org/-/media/Corporate/Files/AboutOT/Professionals/WhatIsOT/RDP/Facts/FactSheet_ChronicDiseaseManagement.pdf)

27. AARP's My Personal Medication Record:  
[https://www.aarp.org/health/drugs-supplements/info-2007/my\\_personal\\_medication\\_record.html](https://www.aarp.org/health/drugs-supplements/info-2007/my_personal_medication_record.html)

## 28. Productive Aging for Community-Dwelling Older Adults- Critically

### Appraised Topic (CAT) from AOTA

#### a. What is the evidence for the effect of health self-management interventions

within the scope of occupational therapy on the performance of selected instrumental activities of daily living (IADLs) for community-dwelling older adults?

### 29. NY State Fact Sheets:

(<https://info.nystateofhealth.ny.gov/sites/default/files/NYSOH%20State%20Fact%20Sheet.pdf>)

### 30. Federal Drug Administration:

(<https://www.fda.gov/consumers/consumer-updates/4-medication-safety-tips-older-adults#targetText=The%20older%20you%20get%2C%20the,body%2C%20leading%20to%20potential%20complications>)

### 31. The National Institute of Health/MedlinePlus:

(<https://medlineplus.gov/>)

### 32. AOTA's Special Interest Section: Gerontology Newsletter:

(<https://www.aota.org/Practice/Manage/SIS/Productive-Aging.aspx>)

33. Sanders, M. J., & Oss, T. V. (2012). Using Daily Routines to Promote Medication Adherence in Older Adults. *American Journal of Occupational Therapy*, 67(1), 91–99. doi: 10.5014/ajot.2013.005033

34. The PEO Model: (<https://ottheory.com/therapy-model/person-environment-occupation-peo-model>)

### 35. Equipment Resources:

([https://www.amazon.com/s?k=Pill+dispensers+and+organizers&ref=n\\_b\\_sb\\_noss\\_2](https://www.amazon.com/s?k=Pill+dispensers+and+organizers&ref=n_b_sb_noss_2))



ONLINE CONTINUING EDUCATION FOR THE LIFE OF YOUR CAREER